

ABSTRACT OF THE DISCLOSURE

A rehabilitation aid for sexual inefficiency constituted in the following manner can recover a contracting force of a vagina, as a user feels the inserted rehabilitation aid in her vagina. The rehabilitation aid is constituted as a closed hollow body, wherein: a wall of the hollow body is constituted by an inner layer formed out of a rubber and an outer layer formed out of a sponge rubber or a silicone rubber, wherein: the hollow body has an elongated cocoon shape and is elastically deformed when air is filled therein, so that the hollow body can be inserted in the vagina

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